

# Your emergency supplies checklist.

Review the list below to see what you already have and what your family will need following a storm. Then take this list with you when you shop—all of the items with asterisks are available at your neighborhood Publix.

## Baby Care

- Baby bottles and pacifiers\*
- Baby diapers and wipes\*
- Baby food and formula\*
- Blanket and toys

## Cleaning Supplies

- Bleach (without lemon or any additives)\*
- Bucket, laundry detergent, mops, sponges, and rags\*
- Garbage bags/ties\*
- Paper towels\*
- Sealable bucket
- Squeegees with long handles

## Clothing/Bedding

- Bedding, for comfort on the road
- Extra clothing
- Hat and jackets
- Rain gear
- Sturdy shoes

## Communication

- Air horn
- Batteries for radio/TV\*
- Batteries for weather alert radio\*
- Battery-operated radio/TV
- Car charger\*
- Cell phone
- Cell phone battery (extra)
- Cell phone charger
- Landline phone with a long cord
- Distress flag
- Rabbit ears/TV antenna
- Spray paint
- Tablet or laptop and charger
- Weather alert radio\*
- Whistle

## Cooking Supplies

- Aluminum foil, plastic wrap, and large freezer bags\*
- Charcoal and lighter fluid\*
- Disposable cups, plates, and utensils\*
- Portable grill\*
- Small cooking stove and canned heat (outdoor use only)

## Documents and Keys

- Cash and coins
- Credit cards
- House and car keys (extra)
- Insurance papers
- Personal identification

## Equipment and Tools

- Alarm clock\*
- Artificial ice blocks\*
- Batteries for alarm clock\*
- Batteries for drill
- Batteries for smoke detectors\*
- Battery-operated drill with bits
- Chain saw, handsaw, pry bar, ax, and shovel
- Compass
- Digital camera
- Duct tape\*
- Entertainment items: cards, games, books, and toys for kids\*
- Extension and heavy-duty 3-pronged cords
- Fire extinguisher (small canister, ABC-type)
- Food storage containers\*
- Gas and gas can
- Generator
- Ice chest/ice\*

- Liquid detergent\*
- Manual can opener\*
- Paper, pen, and pencils\*
- Pest control\*
- Portable air conditioner
- Propane tank, full\*
- Refrigerator thermometer\*
- Rope
- Scissors\*
- Sewing kit\*
- Smoke detectors for each floor
- Tarps and 2x4 lumber
- Tools (wrench, hammer, nails, and pliers)
- Utility knife\*
- Water purification tablets in plastic bag
- Water storage containers
- Work gloves\*

## First Aid

- First aid essentials kit (for home and auto)\*  
If you have most of the supplies listed below, it may be easier for you to put together your own first aid kit.
- Alcohol cleansing pads\*
- Antibacterial ointment\*
- Antiseptic cleansing wipes\*
- Aspirin and nonaspirin pain relievers\*
- Burn relief pack
- Butterfly wound closures
- Cotton-tipped applicator\*
- CPR breathing barrier
- Elbow and knee plastic bandages\*
- Emergency blanket
- Fabric bandages\*
- Finger splint\*
- Fingertip fabric bandage\*
- First aid tape\*
- Gauze and dressing pads, various sizes\*
- Ibuprofen\*
- Instant cold compress\*
- Itch-relief cream\*
- Knuckle fabric bandage\*
- Latex-free exam-quality vinyl gloves\*
- Patch bandages\*
- Plastic bandages\*
- Spot adhesive bandages\*
- Sterile eye pad
- Thermometer\*
- Trauma pad
- Tweezers\*

## Lighting

- Batteries for flashlight\*
- Batteries for lantern\*
- Battery-powered lantern\*
- Candles (if no children or pets in the home)\*
- Flashlight\*
- Lamp and lamp oil
- Utility lighter\*
- Waterproof matches, or matches in a waterproof container

## Medications

- Antacid\*
- Anti-diarrhea medication\*
- Inhalers
- Insulin
- Medical support equipment (wheelchairs, extra battery if motorized, walkers, canes, dressings, oxygen and tubes, feeding equipment)
- Prescription drugs and copy of prescriptions
- Vitamins\*

## Personal Hygiene

- Alcohol-based hand sanitizer\*
- Antibacterial soap\*
- Batteries for hearing aid (extra)\*
- Body wipes\*
- Contact lens solution\*
- Contact lenses (extra)
- Denture supplies\*
- Deodorant\*
- Disinfectant spray\*
- Disposable razor and shaving cream\*
- Disposable washcloths and towels
- Eye drops\*
- Eyeglasses (extra)
- Hearing aid (extra)
- Incontinence supplies\*
- Insect repellent\*
- Lip balm\*
- Menstrual products\*
- Mirror\*
- Moist towelettes\*
- Plastic sheet to line bathtub or large container
- Safety pins\*
- Sunglasses\*
- Toilet paper\*
- Toothbrush, toothpaste, or toothbrushing pads\*

## Pet Care

- Blanket
- Bottled water (1 gallon per pet/per day)\*
- Cage or pet carrier with bedding (label for identification)\*
- Cat litter and box\*
- Grooming supplies\*
- Leash, harness, collar, and tag\*
- Medications
- Muzzle
- Pet dishes\*
- Pet food\*
- Trash bags (small)\*
- Toys\*
- Vaccination records

## Transportation

- Engine oil (extra)\*
- Flares
- Full tank of gas
- Jumper cables, tire pump, and jack
- State/regional paper road maps
- Tire patch kit

